**ENERPLUS CORPORATION**
The Dome Tower, Suite 3000
333 - 7th Avenue SW
Calgary, Alberta T2P 2Z1

T. 403-298-2200 F. 403-298-2211
www.enerplus.com

# NEWS RELEASE

March 12, 2010

## Enerplus files 2009 Annual Report and oil and gas reserves and operational information

CALGARY, March 12 /CNW/ - Enerplus Resources Fund ("Enerplus" or "the Fund") (TSX - ERF.un, NYSE - ERF) has filed its Annual Information Form (the "AIF") for the year ended December 31, 2009 with the Canadian securities regulatory authorities on the System for Electronic Document Analysis and Retrieval ("SEDAR") in Canada, and has filed its Annual Report on Form 40-F for the year ended December 31, 2009 (which includes the AIF as well as the Fund's audited consolidated financial statements and related management's discussion and analysis for the year ended December 31, 2009) with the U.S. Securities and Exchange Commission on the Electronic Data Gathering, Analysis and Retrieval ("EDGAR") system in the United States. The AIF contains the statement and reports relating to reserves data and other oil and gas information required pursuant to National Instrument 51-101 of the Canadian Securities Administrators ("NI 51-101"). With this news release, Enerplus is reporting these filings as required by NI 51-101.

An electronic copy of any of these documents may be obtained on Enerplus' SEDAR profile at www.sedar.com and on the Fund's EDGAR profile at www.sec.gov/edgar.shtml. All documents will be made available on the Enerplus website at ww www.enerplus.com. Unitholders who would like a hard copy of the complete audited financial statements free of charge may contact Investor Relations at 1-800-319-6462 or email investorrelations@enerplus.com.

Gordon J. Kerr,

President & Chief Executive Officer,

Enerplus Resources Fund

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